

# Cleaning and care instructions

### for SHERAprint-splint taff & flex





## Cleaning and care instructions

Dear patient,

To ensure that you can enjoy your splint, repositioners, mouthguard or nightguard for a long time, we recommend:

#### **Daily cleaning**

Use lukewarm water, a soft toothbrush or liquid soap for daily cleaning. Rinse well afterwards.

#### Advice

- Do not use toothpaste, the abrasive particles are coarse and scratch the surface.
- Do not use acids or solvents.
- Do not use mouthwash



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